

HEALTH WEEK

(18-22ND JUNE 2016)

Health is a very important aspect of our lives and to create awareness amongst our little Daisians about health and hygiene an entire week was dedicated to activities which steer young minds towards adopting a lifestyle with healthy habits.

Monday	A talk by the teachers explaining HEALTH and ways of being HEALTHY Story telling- Health is Wealth.
Tuesday	Exercise and games, pave the way to health and fitness. Yoga and outdoor games Jung Bin- Children played the game by separating Junk Food from healthy food.
Wednesday	SCUB-A-DUB- Clean hand activity. I AM GROWING- related games.
Thursday	BUILD A TERRIFIC SMILE. Maze activities
Friday	FOOD TO GOOD HEALTH- Little Daisians enjoyed preparing Biscuit Sandwich (Class-Pre-School), Paneer Cheese roll (Class- Pre-Primary), Veg Cheese Burger (Class-I) and Yummy Oreo Dip Balls (Class-II)

